

**CNA Program**  
**California Preparatory**  
**College &**  
**Adventist Health Sonora**



# About California Preparatory College

CPC is a new and innovative Christian, junior college. Its entrepreneurial growth model values affordability, small local campuses, marketable education pathways and student focused service. CPC's growth vision includes expanding its online curriculum and planting campuses throughout California and beyond.

Regionally accredited by the Western Association of Schools and Colleges Accrediting Commission for Community and Junior Colleges and in its 14th year of providing healthcare education, CPC has a history of placing hundreds of nurses and healthcare workers into the California healthcare system.

CPC's Core Principle of a Christ-centered curriculum is practiced by providing dedicated faculty and staff, a dynamic student life program, a commitment to service, and the integration of a Seventh-day Adventist belief system and culture that guides administration, staff and students in seeking excellence in all that they do.

# Accreditation

**ACCJC**

ACCREDITING COMMISSION FOR  
COMMUNITY AND JUNIOR COLLEGES  
WESTERN ASSOCIATION OF SCHOOLS AND COLLEGES

“The team commends [CPC] for...utilizing the college mission as its true and purposeful guiding principle.... [T]he team found overwhelming evidence that supporting students to become holistic contributors of their community, while offering rigorous academics, was a central focus of everything done by the College.”

*Dr. Mary Gallagher, President, L.A. City College;  
Team Chair WASC/ACCJC - 2020*

# CNA Program Summary

An Adventist Health-branded, 60-session, online educational program taking a little over 12 weeks to recruit, train and hire needed CNAs.

CDPH approved online classes of 18 modules will be taught via synchronous instruction - a live video-conferenced lecture in real time.

Instructors are registered nurses

Classes in the evenings and on Sundays

Clinical Training Site at AH Sonora SNF

Program approved by the California Department of Public Health

# Requirements

- **Medical Exam (including TB test) & LiveScan Background Check**
- **Minimum Age of 18 and employment eligible at time of course completion**
- **Reliable Computer and Internet Access**
- **High School Diploma or GED Preferred**
- **Virtual Interview & Completed Registration Form and Documents**

# Length of Program

- **60-session program taking a little over 12 weeks**
- **62 hours didactic online training**
- **100 hours of clinical training at SNF**

# Size of Program

- Cohorts of 15 students per class
- Up to 3 cohorts per year at Adventist Health clinical facility

# Instruction

- The theory/didactics component of the program consists of 17 modules and one AH Mission Integration module
- Following completion of the first nine modules (approximately 18 hours of theory), students begin the clinical skills portion of the required 100 hours of training at the AH Sonora SNF.
- Each module test must be passed with a score of at least 70% to continue to next module
- Attendance is mandatory and any absence must be made up in week 12 or as arranged with instructor



# Tuition/Cost

- **Tuition: \$1,800** (Adventist Health Scholarships May be Available)
- **Cost of textbook included**
- **Additional Costs** (approx \$175)
  - Cost of uniform/scrubs as required by clinical facility (and comfortable, closed toe shoes)
  - Stethoscope
  - Cost of highlighters, note-taking supplies (i.e. paper, post-it flags, notebook/3-ring binder, pens/pencils, etc.)
  - Cost of face coverings or PPE to be worn during clinical instruction are paid for by the Adventist Health clinical facility

# Misc. Details

- **Designed for candidates seeking nurse assistant certification in California and to pass the National Nurse Aide Assessment Program (NNAAP®) Examination.**
- **Custom AH Mission Integration module added to program**
- **Taught by Registered Nurses approved by the California Department of Public Health**
- **Convenient evening and Sundays schedule making it easier for the working adult**
- **Full scholarships may be available through Adventist Health for qualified students**

# CNA Program

## SAMPLE WEEKLY SCHEDULE\*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
WEEK:					
ONE		6PM - 8PM Online (1)	6PM - 8PM Online (2)	6PM - 8PM Online (3)	6PM - 8PM Online (4)
TWO		6PM - 8PM Online (5)	6PM - 8PM Online (6)	6PM - 8PM Online (7)	6PM - 8PM Online (8)
THREE	8AM - 5PM Clinical (1)	6PM - 8PM Online (9)	6PM - 8PM Online (10)	6PM - 8PM Online (11)	6PM - 8PM Clinical (2)
FOUR	8AM - 5PM Clinical (3)	6PM - 8PM Online (12)	6PM - 8PM Online (13)	6PM - 8PM Online (14)	6PM - 8PM Clinical (4)
FIVE	8AM - 5PM Clinical (5)	6PM - 8PM Online (15)	6PM - 8PM Online (16)	6PM - 8PM Online (17)	6PM - 8PM Clinical (6)
SIX	8AM - 5PM Clinical (7)	6PM - 8PM Online (18)	6PM - 8PM Online (19)	6PM - 8PM Online (20)	6PM - 8PM Clinical (8)
SEVEN	8AM - 5PM Clinical (9)	6PM - 8PM Online (21)	6PM - 8PM Clinical (10)	6PM - 8PM Online (22)	6PM - 8PM Clinical (11)
EIGHT	8AM - 5PM Clinical (12)	6PM - 8PM Online (23)	6PM - 8PM Clinical (13)	6PM - 8PM Online (24)	6PM - 8PM Clinical (14)
NINE	8AM - 5PM Clinical (15)	6PM - 8PM Online (25)	6PM - 8PM Clinical (16)	6PM - 8PM Online (26)	6PM - 8PM Clinical (17)
TEN	8AM - 5PM Clinical (18)	6PM - 8PM Online (27)	6PM - 8PM Clinical (19)	6PM - 8PM Online (28)	6PM - 8PM Clinical (20)
ELEVEN	8AM - 5PM Clinical (21)	6PM - 8PM Online (29)	6PM - 8PM Clinical (22)	6PM - 8PM Online (30)	6PM - 8PM Clinical (23)
TWELVE	Make-up Week: Clinical and Online (as arranged and if necessary)			6PM - 8PM Online (31)	

- There are 16 hours of online classroom theory instruction prior to starting clinicals - There is a 1 hour lunch scheduled for each Sunday of clinicals

\* Actual Schedule may vary; (##) = Online or Clinical Class session number

# Program Modules



- **Module 1: Introduction**
- **Module 2: Patient's Rights**
- **Module 3: Interpersonal Skills**
- **Module 4: Prevention Management of Catastrophe & Unusual Occurrence**
- **Module 5: Body Mechanics**
- **Module 6: Medical and Surgical Asepsis**
- **Module 7: Weights and Measures**
- **Module 8: Patient Care Skills**
- **Module 9: Patient Care Procedures**
- **Module 10: Vital Signs**
- **Module 11: Nutrition**
- **Module 12: Emergency Procedures**
- **Module 13: Long-Term Care Patient**
- **Module 14: Rehabilitative Nursing**
- **Module 15: Observation and Charting**
- **Module 16: Death and Dying**
- **Module 17: Patient/Resident Abuse**
- **Module 18: Adventist Health Mission Integration**

# Contacts & More Info

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